

School Dance Styles

Association de Danse

LOVE FLOW

Count : 32 Wall : 4 Level : beginner
Choreographer : Niels Poulsen (05/2018)
Music : Let your love flow by The Bellamy Brothers

Intro: 16 counts (app. 9 secs. into track). Start with weight on L foot
NOTE: NO TAGS – NO RESTARTS!

[1–8] R cross rock, ball cross, side R, L back rock, L chasse

1–2 Cross rock R over L (1), recover on L (2) 12:00
3&4 Step R to R side (&), cross L over R (3), step R to R side (4) 12:00
5–6 Rock back on L (5), recover on R (6) 12:00
7&8 Step L to L side (7), step R next to L (&), step L to L side (8) 12:00

[9–16] R back rock, shuffle ½ L, L back rock, ¼ R into L chasse

1–2 Rock back on R (1), recover on L (2) 12:00
3&4 Turn ¼ L stepping R to R side (3), step L next to R (&), turn ¼ L stepping back on R (4) 6:00
5–6 Rock back on L (5), recover on R (6) 6:00
7&8 Turn ¼ R stepping L to L side (7), step R next to L (&), step L to L side (8) 9:00

[17–24] Behind side, cross shuffle, L side rock, cross shuffle

1–2 Cross R behind L (1), step L to L side (2) 9:00
3&4 Cross R over L (3), step L to L side (&), cross R over L (4) 9:00
5–6 Rock L to L side (5), recover on R (6) 9:00
7&8 Cross L over R (7), step R to R side (&), cross L over R (8) 9:00

[25–32] Syncopated R vine, point L, clap X2, rolling vine into L chasse

1–2& Step R to R side (1), cross L behind R (2), step R to R side (&) 9:00
3&4 Point L to L side (3), clap (&), clap (4) 9:00
5–6 Turn ¼ L stepping L fwd (5), turn ½ L stepping back on R (6) 9:00
7&8 Turn ¼ L stepping L to L side (7), step R next to L (&), step L to L side (8) 9:00

Cathy MERIOT - Choréographe / Instructor

106 I chemin des Jardins

83920 LA MOTTE en PROVENCE

tél : 06.61.17.10.82 courriel : cathy.meriot83@sfr.fr

www.countryfriends83.fr